

MÒR BAKEHOUSE

ESTD. 2021

ALLERGEN IDENTIFICATION TABLE

<u>Food Item</u>	Allergen
<u>Baguettes</u>	
Baguette- Tuna Mayo	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Fish, Crustaceans and Molluscs e.g. all fish, prawns, lobster, crab, clams, langoustines, mussels, oysters • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Baguette- Chicken & Bacon	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Baguette- Sriracha Chicken	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Baguette- Mull Cheddar	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Other nuts, e.g Walnut, Cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts
Baguette- Grilled Chicken & Avo	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Baguette- Pastrami & Emmental	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans

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<u>Pies</u>	
Chunky Steak Pie	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Sulphur Dioxide and Sulphites • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Celery and Celeriac e.g. stalks, seeds & leaves
Chunky Chicken Pie	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
<u>Pasty's</u>	
Red Thai Chicken Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Mustard • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Cheese & Onion Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Chorizo, Chicken & Bacon Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Mustard
Cauliflower, Broccoli & Cheese Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Mustard • Celery and Celeriac e.g. stalks, seeds & leaves
Haggis Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Peppered Steak Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Large Traditional Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans

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Small Traditional Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Spicy Vegetable Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Lamb & Mint Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Mustard • Celery and Celeriac e.g. stalks, seeds & leaves • Sulphur Dioxide and Sulphites
Steak & Stilton Pasty	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
<u>Sausage Rolls</u>	
Vegan Sausage Roll	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Sulphur Dioxide and Sulphites
Jumbo Sausage Roll	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Sulphur Dioxide and Sulphites
Haggis Sausage Roll	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Sulphur Dioxide and Sulphites
Artisan Sausage Roll	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Sulphur Dioxide and Sulphites • Milk • Eggs
Caramelized Onion & Feta Sausage Roll	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Eggs • Mustard • Sesame seeds
Haggis Sausage Roll	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Eggs • Mustard
Butternut Squash & Feta	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats

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Sausage Roll	<ul style="list-style-type: none"> • Milk • Eggs • Mustard
<u>Breakfast Bakes</u>	
Cheese & Bacon Turnovers	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk
Steak Bake	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Cheese & Onion Bake	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Eggs • Mustard
Croissant	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Eggs • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Pain Au Chocolate	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Eggs • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
<u>Breakfast Baps</u>	
Bap- Bacon	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Milk • Sesame seeds
Bap- Lorne Sausage	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Milk • Sesame seeds
Bap- Free Range Egg	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Milk • Sesame seeds • Eggs

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Bap- Full Scottish	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Milk • Sesame seeds • Eggs
Bap- Bacon & Sausage	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Milk • Sesame seeds
<u>Paninis</u>	
Panini- Haggis	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds
Panini- Chicken & Bacon	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds
Panini- Chipotle Chicken	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds
Panini- Bacon & Brie	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds
Panini- Ham Hough	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds
Panini- Tuna Melt	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds • Fish, Crustaceans and Molluscs e.g. all fish, prawns, lobster, crab, clams, langoustines, mussels, oysters

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Panini- Cheese & Tomato	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Mustard • Sesame seeds • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
<u>Wraps</u>	
Wrap- Haggis & Bacon	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk
Wrap- Vegetarian Haggis	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Mustard
Wrap- Spicy Chipotle	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Mustard
<u>Pizza Slice</u>	
Pizza Slice- Meat Feast	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk
Pizza Slice- Spicy Nduja	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk
Pizza Slice- Mozzarella & Tomato	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Vegetarian Quiche	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Eggs • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts <p>Mustard</p>
<u>Muffins</u>	
Raspberry White Chocolate	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans

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Double Chocolate	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Toffee Banana	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Lemon Blueberry	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk
Espresso Choc Chip	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk
Chocolate Cheesecake	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk
<u>Cakes</u>	
Fudge Brownies	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans
Bakewell Slice	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Caramel Yum-yums	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Sesame seeds
Cronuts	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk

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	<ul style="list-style-type: none"> • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Mustard (TRACES)
Strawberry & Rhubarb Slice	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Lupin Seeds and Flour (TRACES) • Peanuts (TRACES)
Chocolate Coconut Slice	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Lupin Seeds and Flour (TRACES) • Peanuts (TRACES)
Apple & Almond Slice	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame beans • Lupin Seeds and Flour (TRACES) • Peanuts (TRACES)
Chocolate Hazelnut Cannoli	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Mustard (TRACES) • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean
Pistachio Cannoli	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Mustard (TRACES) • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean
Lemon Cannoli	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Milk • Mustard (TRACES)

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	<ul style="list-style-type: none"> • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts(TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean
Lemon Meringue	<ul style="list-style-type: none"> • Milk (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean • Eggs
Chocolate Meringues	<ul style="list-style-type: none"> • Milk (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean • Eggs
Raspberry White Chocolate Meringues	<ul style="list-style-type: none"> • Milk (TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean • Eggs
Caramel Shortcake	<ul style="list-style-type: none"> • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts(TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean • Milk
Vegan Chocolate Brownie	<ul style="list-style-type: none"> • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts(TRACES) • Soya e.g. flour, tofu or beancurd, textured soya protein, soy sauce, edamame bean
Further Cakes	
Fudge Brownie	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Biscoff White Chocolate Blondies	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Chocolate Guinness Cake	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Carrot & Walnut Cake	<ul style="list-style-type: none"> • Cereals containing Gluten e.g. wheat, rye, barley, oats • Eggs • Milk • Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio,

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	macadamia, Queensland nuts
Lemon Meringue Cheesecakes	<ul style="list-style-type: none">• Cereals containing Gluten e.g. wheat, rye, barley, oats• Eggs• Milk• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)
Caramel Shortcake	<ul style="list-style-type: none">• Cereals containing Gluten e.g. wheat, rye, barley, oats• Milk• Other nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, macadamia, Queensland nuts (TRACES)